MULLINS NURSING CENTER

INTERACT

INTERVENTIONS TO DECREASE ACUTE CARE TRANSFERS
Why did we implement INTERACT?

To take advantage of the Quality Initiative in order to:

- heighten awareness of early warning signs
- improve communication that can be used every day in our work to reduce avoidable hospital readmissions
How did we implement \textbf{INTERACT}? 

- Leadership Team attended \textbf{INTERACT} Training 
- The Director of Nursing was selected as Champion & the RN Supervisor was selected as the Co-Champion
How did we implement INTERACT?

- A Core Team was formed which comprised of the Champions & C.N.A.’s.
- Six C.N.A.’s were identified as Group Leaders to instill ownership & to promote peer buy-in.
- These select C.N.A.’s were educated & given personalized notebooks with the information for learning.
How did we implement INTERACT?

Our group had Team Meetings to discuss the purpose of the program to ensure good understanding and to obtain suggestions and ideas for successful roll-out!
How did we implement INTERACT?

The Nursing Department was selected to participate in the initial roll-out and included RN’s, LPN’s and C.N.A.’s
How did we implement **INTERACT**?

- Selected Dates and times to make sure we educated the majority of staff
- Signs were posted throughout Nursing Department
How did we implement INTERACT?

The C.N.A. Group Leaders worked closely with the Champions to develop steps to educate the staff. They were given the opportunity to present the overall intent of the program. They also instructed on the specific tools that would assist us in improving our early detection of warning signs.
How did we implement INTERACT?

- Selected Dates and times to make sure we educated the majority of staff
- Signs were posted throughout Nursing Department
What tool did we implement from the INTERACT?

Stop and Watch
Early Warning Tool
Stop and Watch
Early Warning Tool

Seems different than usual
Talks or communicates less
Overall needs more help
Pain – new or worsening;
Participates less in Activities

Ate Less
No bowel movement in 3
days; or diarrhea
Drank Less

Weight Change
Agitated or nervous more than
usual
Tired, weak, confused, or drowsy
Change in skin color or condition
Help with walking, transferring, toileting
more than usual
Using the INTERACT Tools

*In Every Day Care*

**INTERACT** is an acronym for "**Interventions to Reduce Acute Care Transfers**."
Stop and Watch

Education
C.N.A. Leader instructing class!
A *STOP* and *WATCH* Scenario
C.N.A. completing a STOP and Watch Early Warning Tool
Licensed Nurse placing completed response in the Stop and Watch Box.
Post Implementation Evaluation

• All completed Stop and Watch Tools will be collected and analyzed for Performance Improvement evaluating the overall processes to determine effectiveness.
STOP and WATCH

GOAL

AWARENESS  COMMUNICATION  C.N.A. MORALE
STOP and WATCH

GOAL

DECREASE AVOIDABLE HOSPITAL READMISSIONS