

EXAMPLES OF EVOCATIVE RESPONSES

Was there a sense of something beyond yourself?

What was important in that experience for you?

Where were you as you watched the scene unfold?

Let's talk a little more about what happened when you prayed with that

What was God saying to you?

How is God calling you?

How has God treated you in the past?

Where is God in _____?

Did you have a reaction to the Scripture you were praying with?

Did it bring up a memory or a particular response that stands out?

Where was Jesus in your scene? near or far?

Can we stay with that longing and explore it?

What were you looking for? Asking for? Wanting?

What was the grace you were asking for? Did you receive the grace you asked for?

It sounds like a (special, profound experience). Can you talk more about it?

You were deeply moved by (repeat the circumstance).

You said you experienced a lot of (peace, joy, etc) Can we stay there and explore it further?

When you let go of your control and listen from your heart about what happened, what do you notice happening within you?

That really seems to resonate with you. What was happening there?

Let's go back there for a minute. You may want to close your eyes. What do you notice?

God was like a divine physician, opening your wounds. Can you tell me more about what was happening inside you? What took place?

What did the Lord do when you brought your experience to Him?

What do you imagine God loves most about you?

Can you tell me more about your prayer life?

EXAMPLES OF FELT EXPERIENCE

I sense some deep emotion. What is going on there?

That seems like a raw place. Can you tell me more about what you feel?

You seem quite moved by..... What is happening there?

Can you use an image to describe that?

Did you have a sense of what was happening?

Let's stay with that feeling. What else can you tell me about it?

Did that memory trigger something else for you?

That sounds (peaceful, angry, strange, dark, sad, gentle, consoling)

Can we stay with the experience a little longer and see if anything else emerges.

I hear that you are tormented by the (guilt) shame of...

what has brought that to the surface?

You felt (name the emotion)

Can you describe what you were experiencing there?

Where was God in this?

Have you brought it to God? Asked God? Prayed about it?

What happened just before?

AREAS OF UNFREEDOM

Where do you go when this comes up?

How would you feel if this () disappeared?

Can you imagine for me a different solution?