



A Look Into Our Strategic Planning Process

An Employee Wellness
Committee on the Move



Wellness at DHEC

- Hired Employee Wellness Coordinator in December 2015
 - ❖ *Tasked with creating a culture of health and wellness*
- Employee Wellness Committee formed in February 2016
 - 21 members
 - Representation from across deputy areas, including 4 regions



Wellness at DHEC

- Dashboard (*Internal Communications Portal*)
- Health Promotion Policy
- Tobacco Free Policy (*Tobacco Free as of March 1, 2016!*)
- Breastfeeding Policy
- Wednesday Walkers
- Mobile Farmer's Market
- Healthy Food Options in Canteens
- Bureau/Division Level & Regional Activities





Employee Wellness Committee Strategic Planning Retreat

- June 30, 2016
- SCHA Board Room
- Employee Wellness Committee Members
- Executive Management Team- (Agency Director, HR Director, Director of Health Services)
- Emily O'Sullivan

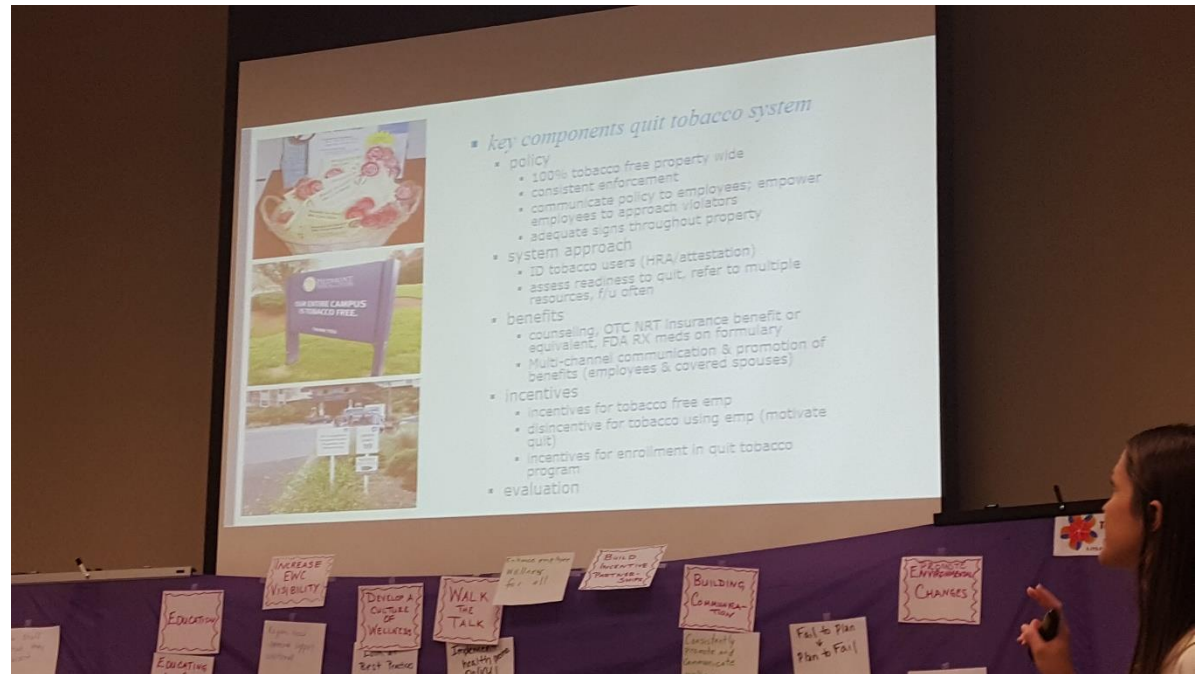
Technology of Participation (ToP)



- Institute of Cultural Affairs
- Hands On Learning
- Collaborative
- Builds Internal Capacity
- Fosters energized group participation
- Recognize and honor contributors
- Deal with more data in less time
- Pool individual contributions into useful patterns
- Welcome diversity; minimize conflict

Retreat Agenda

- ❑ Focused Conversation Exercise
- ❑ Consensus Workshop Exercise
- ❑ Working Well Presentation
- ❑ Action Planning Exercise





Pursuing
Excellence

DHEC's Core
Values

Embracing
Service

Inspiring
Innovation

Promoting
Teamwork

Wellness Mission

To improve the overall health and inspire wellness among all employees through teamwork, education and engagement by empowering people to embrace a healthy lifestyle so we can better serve the citizens of South Carolina



Employee Wellness Action Plan Goals

- **Goal 1 :** Enrich the culture of wellness within DHEC
- **Goal 2:** Increase visibility of persons working on employee well-being efforts
- **Goal 3:** Strengthen internal and external communications by providing timely health and environmental information and resources
- **Goal 4:** Advocate for and promote environmental changes that encourage healthy behaviors related to nutrition, physical activity and tobacco use
- **Goal 5:** Create campaigns to educate and inform staff about health and well being that include resources for themselves and their families

Where are we now?

- Revising the action plan draft to align with agency strategic priorities and core values



- Executive Management Team Approval



- February 1, 2017



Contact Us



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