

*fifth annual
patient safety symposium*



Pre-conference April 24, 2012
Conference April 25 - 26, 2012
Marriott Columbia • Columbia, South Carolina



Session I

Transitions of Care

Partnership For Health Panel Discussion

Cheryl J. Dye, PhD.

Professor, Clemson University

Director, Institute for Engaged Aging

Windsor W. Sherrill, PhD.

Professor, Clemson University

Helping Rural Elders Transition from Home Health to Chronic Disease Self Management Through Paraprofessional Outreach *

Health Coaches For Hypertension Control **

Developing Wellness through Focused Health Coaching ***

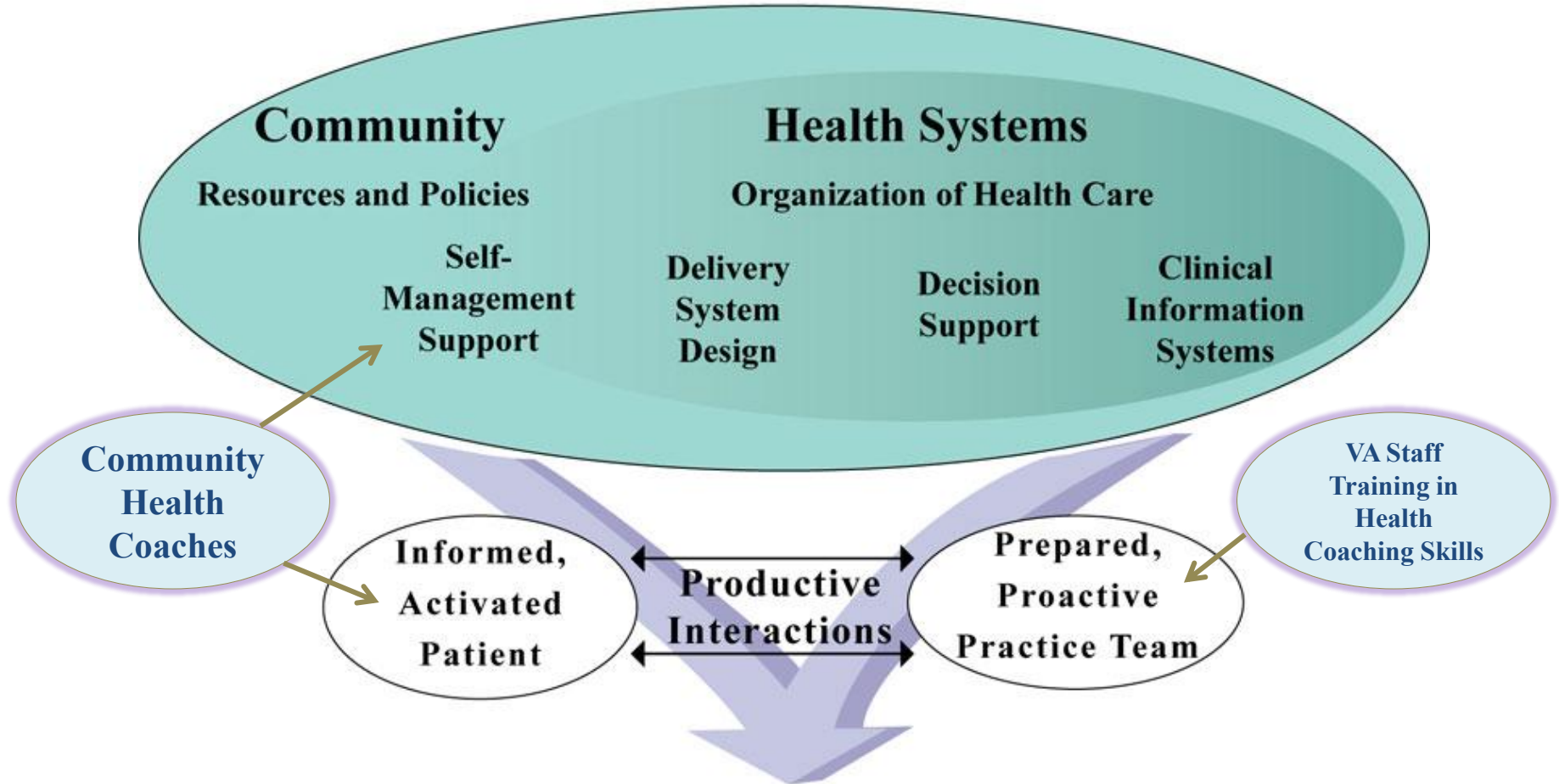
Acknowledgements:

* HRSA: D04RH06789-03-00
(PIs: DYE, CD; Willoughby, D)

** HRSA: DO4RH12726-01-00
(PIs: DYE, CD; Williams, J)

*** Veterans Affairs, Office of Patient Centered Care and Cultural Transformation
(PIs: DYE, CD; Sherrill, WW)

The Chronic Care Model



Improved Outcomes

Patient Safety
Quality of Life
Improved Health Status
Reduced Readmissions

Developed by The MacColl Institute
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HEALTH COACH TRAINING

- ▶ Communication and adult learning theory
- ▶ Behavior change strategies
- ▶ Developing Individualized Action Plans
- ▶ Personal Health Diaries for self-monitoring
- ▶ Specific content appropriate for project:
 - ▶ Lifestyle behaviors – nutrition, physical activity, stress management
 - ▶ Medication management strategies
 - ▶ Stoplights to guide symptom recognition and responses

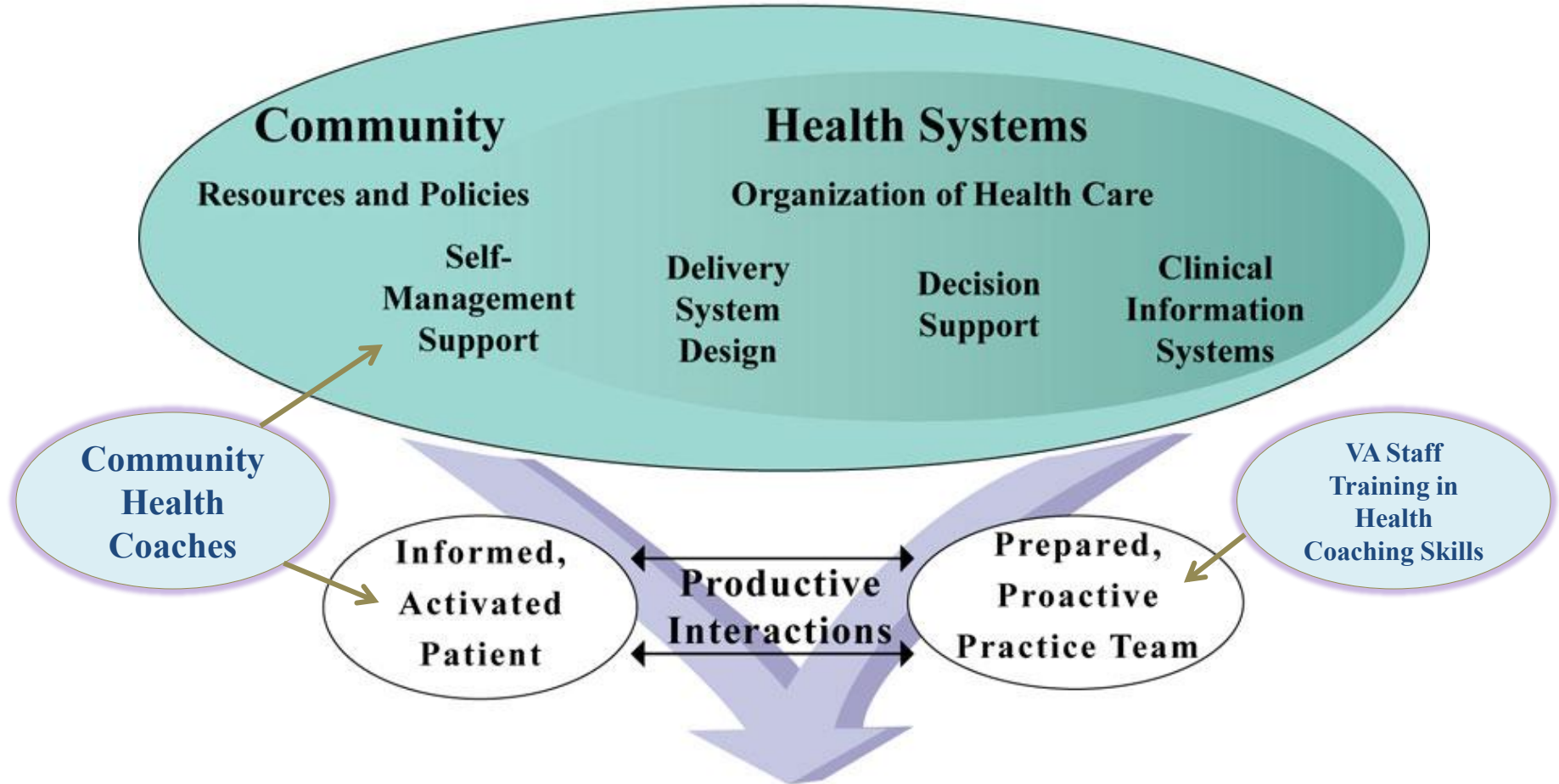
EVALUATION METHODOLOGY

- ▶ Rural Elders Transition from Home Health Services – readmissions for same diagnostic category, cost of readmission
- ▶ Health Coaches for Hypertension Control – HRA including beliefs, behaviors, clinical measures
- ▶ VA training with coaching skills - Knowledge, attitude and demonstration of skill sets.

RECOGNITION

“Helping Rural Elders Transition from Home Health to Chronic Disease Self-Management through Paraprofessional Outreach”, was designated in 2008 by the Office of Performance Review as a “Leading Practice” in the areas of clinical practice, outreach, cultural competence, administration, and other practices that are implemented within HRSA funded programs.

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VA STAFF TRAINING

MODULE 1 – Introduction, Basics of Health Behavior Change, Developing Individualized Action Plans

MODULE 2 – Principles of Patient and Family Centered Care, Patient-Coach Communication, Managing Conflict and Resistance to Change

MODULE 3 – Renovo Intelligence© Health Intervention Coach Training

MODULE 4 – Motivational Interviewing Application and Skill Building, Coaching with Stress Management Tools, Clinical Applications of Coaching Models

MODULE 5 - Behavior Change Review, Health Service Utilization, Adherence, Relapse Prevention, Social Support, Community Resources