Blessing of the Hands

*Bless these hands that have touched life and felt pain.*
*Bless these hands that have relieved pain & suffering.*
*Bless these hands that have embraced others with compassion.*
*Bless these hands that have been clenched in anger.*
*Bless these hands that have withdrawn in fear.*
*Bless these hands that have given and taken away.*
*Bless these hands that have assisted those in need.*
*Bless these hands that have offered blessings and spoken words of hope.*
*Bless these hands that have touched the sick and dying.*
*Bless these hands that have comforted the dying.*
*Bless these hands that have prepared the dead.*
*Bless these hands that may grow stiff with age.*
*Bless these hands, for they are the hands of The Holy.*

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To You, Who are known by Many Names, we are often at our limits when we are caring for others. For what we have left undone, forgive us. For what You have enabled us to do, we thank You. For what must be done by others, lend Your strength to all. This day, give us Your peace which goes beyond all human understanding. In the Name of all that is Good, and Holy, and Right. Amen.

Adapted by Chaplain Rev. Dr. Terry L. Irish, D. Min., Board Certified Chaplain
City of Hope National Medical Center, 6th Floor HCT Staff, September 08, 2015